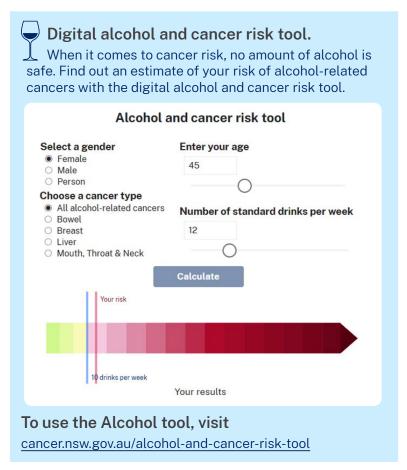
Cancer Institute NSW





Alcohol causes about 5,800 cancer cases in Australia each year.



Alcohol causes many types of cancer

Alcohol causes up to 8 types of cancers including breast cancer.



What is a standard drink?

Use the standard drinks calculator to count how many standard drinks are in common glasses.



Follow the Australian Alcohol Guidelines

To reduce harm from alcohol healthy adults should drink no more than 10 standard drinks a week and no more than 4 standard drinks in one day.



